# Vithoulkas Program

on

**Classical Homeopathy** 

Curriculum

of the 3-year course

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## **MODULE 1 - THEORY A**

#### 01

- Law of similars
- Homoeopathic aggravation
- Reaction after the remedy

#### 01b AUDIO

• Reaction after the remedy

#### 02

- The 3 levels of the human being
- Therapeutic modalities affecting the mental, emotional & physical levels
- Factors promoting good state of health
- The limitations of homeopathy

#### 02b

- The hierarchy within the 3 levels of human being
- The energy complex of the human being
- States of detachment from the physical body (part 1)

#### 02c

- States of detachment from the physical body (part 2)
- Factors that determine health
- Universal energy & the human being
- Miasms

### 03

• Exploring the question of Miasms

#### 06b

- Definition of health (part 2)
- How to measure and evaluate health

#### **06c AUDIO**

- Progression of diseases
- The 3 levels of the human being
- The definition of health

#### 07a

Health and Disease as seen by a Homeopath

#### 07b

• The qualities of a healthy mind

#### 10

Provings

#### 10b

• Symptoms versus normality

#### **10c**

- The definition of a symptom
- What are the important symptoms, how to recognize & use them

#### 11

• Secrets of taking a Homeopathic Case

#### 11b

The Controversy over Homeopathic Treatment

#### **12**

Introduction to Homeopathic Prescribing

#### 12b

- The action of the remedy according to Hahnemann and Vithoulkas
- The nature of the vital force
- Levels of consciousness in nature and humans (how consciousness can influence our health)

#### **12c**

- Strategies for prescribing
- The appearance of proving symptoms during treatment

#### 12d AUDIO

Prescribing methods

#### 14b

• Death on the spiritual & psychic level

#### 15b

Prevention & vaccination

#### 17

• The birth of the theory of Levels of Health

#### 18

- Direction of cure
- Levels of health

#### 19

 Levels of health in relation to predisposition, infection potential, vaccination

#### 20

• The Continuum of a Unified Theory of Diseases

#### 22

• The Continuum of Diseases - Miasms and Predispositions

#### 25

- How diseases are manifesting
- Stresses that act as exciting causes

#### 26

- How to handle an acute
- How to handle an aggravation

#### 28

- Potentizing
- Schuessler salts
- Factors affecting the medicines

#### 28b AUDIO

Potentization

#### 29

• Pathology on the mental/emotional/physical levels

• Direction of cure (part 1)

30

- Pathology on the mental/emotional/physical levels
- Direction of cure (part 2)

#### **30**a

Taking of a new case

#### 30b

Case taking (part 1)

#### **30c**

Case taking (part 2)

#### 30d AUDIO

Case taking (part 3)

#### 30e

Case taking (part 4)

## **MODULE 2 - THEORY B**

34

- Underlining
- Prescribing according to the layers
- One-sided diseases

42

- Suppression
- Vaccination

44

- Acute prescribing during chronic treatment (part 1)
- Characteristics of groups 1-4
- Pathology of groups 1-4

Acute prescribing during chronic treatment (part 2)

46

Acute prescribing during chronic treatment (part 3)

53

• Kent's observations: evaluation of the case (part 1)

54

- Kent's observations: evaluation of the case (part 2)
- Prescribing on layers
- Prevention
- Provings

56

Deeper insight to Kent's observations
 by George Vithoulkas (evaluation of the case) Part 1

58

Deeper insight to Kent's observations
 by George Vithoulkas (evaluation of the case) Part 2

59b

Deeper insight to Kent's observations
 by George Vithoulkas (evaluation of the case) Part 3

61b

- Deeper insight to Kent's observations
   by George Vithoulkas (evaluation of the case) Part 4
- Direction of cure & disease

**62** 

• Causes of disease

#### 62b

Obstacles to cure
 Physical (anatomical / drugs / organ damage)

Emotional (husband syndrome / serious problems) Mental (fixed ideas)

#### 62c AUDIO

Obstacles to cure
 Physical (mechanical / drugs / deep or permanent damage)

#### 62d AUDIO

Obstacles to cure

Emotional (husband syndrome/emotional insecurity / permanent

problems/ guilt / emotional death)

Mental (spiritual seekers / fixed ideas /Hypochondriasis /

intellectualization / independence)

#### 63

Causative Factors of Chronic Diseases

#### 63c

• Cases under allopathic drugs: How to reduce/stop them.

#### 66

- How to handle the patient
- Miasms
- On follow ups

#### 66b

• Miasms (sycotic miasm)

#### 68b

• What is the constitutional remedy

#### 69

- The meaning of homeopathic consultation
- Preparation of the homeopath

#### 71

Handling the remedies

#### **72**

Instructions for treating Covid-19 Cases

#### 76 AUDIO

- AIDS
- Skin diseases

#### 77 AUDIO

• Discussion on cancer cases

#### **78**

• Comments on: Opium case

Stages of remedies Placebo effect

Hormonal intake during treatment

Healthy children

#### **79**

• Homeoprophylaxis & vaccination

#### 80

Different healing methods & their efficacy

#### 81

• Organon §210-211-212

#### 84

• Complex versus Unicist Homeopathy

#### 85

• Quantum Physics and Homeopathy

#### 86

 The explanation of action of the homeopathic remedy on a subatomic level

## **ORGANON**

01

• § 1-3

02

• § 4-9

• § 9-25 04 • § 26-37 05 • § 38-33 06 • 39-47 07 • §40-43 80 • § 44-50 09 • § 50-65 10 • Q & A session 11 • § 65-72 12 • § 73-77 13 • § 78-80 14 • § 81-87 **15** • § 88-90 16 • § 89-93 **17** • § 94-104 18 • § 105-108 19 • § 109-112 20 • § 112-113 21 • § 114-124

22 • § 125-129 23 • Q & A session 24 • § 130-133 25 • § 134-136 26 • § 137-144 **27** • Q & A Session 1 28 • Q & A Session 2 **29** • § 145-148 30 • § 149-153 31 • § 154-158 **32** • § 159-163 33 • § 164-170 34 • § 171-174 35 • § 175-186 **36** • Q & A Session **37** • § 187-193 38 • § 194-200 39 • § 201-203 40

• § 204-206

41

• § 207-208

## **MODULE 3 - MATERIA MEDICA A**

## 03

- Aconitum
- Agaricus
- Aloe
- Alumina

## 03b AUDIO

• Aconitum

#### 04

- Anacardium
- Apis
- Argentum nitricum
- Arnica

#### 05

- Arsenicum
- Aurum
- Belladonna
- Bryonia

#### 08

- Calcarea Carbonica
- Calcarea Phosphorica
- Calcarea Sulphurica
- Cannabis Indica

#### 10d

Phosphorus

- Chamomilla
- Kali Bichromicum

## **21b**

- Ipecacuanha
- Kali Carbonicum
- Lachesis

#### 22b AUDIO

• Lac caninum

#### 23

- Lycopodium
- Magnesia Carbonica

#### 24

- Magnesia Muriatica
- Medorrhinum

#### 26b

- Natrum Carbonicum
- Natrum Muriaticum
- Natrum Sulphuricum

## **27**

- Nitric acid
- Nux-vomica
- Opium

#### 29b

- Psorinum
- Pulsatilla

#### 31

- Sepia
- Rhus Toxicodendron

### **37**

Asarum

•	Tarentula Hispanica
48	
•	Staphysagria
57	
•	Tuberculinum
58	
•	Thuja
67	
•	Remedies for Jealousy
75	
•	Sulphur 1
75b	
•	Sulphur 2
76	
•	Baryta Carbonica
77	
•	Hyoscyamus
78	
•	Ignatia 1
78b	
•	Ignatia 2
79	
•	Mercury Solubilis
80	

- Silica terra
- Stramonium

## **MODULE 4 - MATERIA MEDICA B**

## 03c AUDIO

Agaricus

## **08b AUDIO**

• Cannabis indica

#### 09

- Causticum
- Chelidonium
- China

#### 09b

- Cina
- Cuprum
- Gelsemium

#### 11

- Platina
- Plumbum

#### 14

- Coffea Cruda
- Colocynthis

#### 15

- Conium
- Dulcamara
- Glonoinum
- Hypericum

- Lac-caninum
- Ledum

#### 23b AUDIO

• Magnesia Carbonica

## 24b AUDIO

• Magnesia Muriatica

## 36b AUDIO

• Lilium Tigrinum

#### 38

- Lobelia Inflata
- Theridion
- Nux Moschata
- Veratrum album

#### 40

- Lyssinum
- Carbo Animalis

#### 46b

- Caladium
- Capsicum

#### 48b

- Stannum
- Picric acid
- Spongia
- Petroleum

#### **50**

- Eupatorium
- Euphrasia
- Fluoric acid

#### 51b

• Keynotes for children prescribing **55** • Carcinosin 63 Kali Arsenicosum Sabina 63b Palladium Ruta 81 Graphites Helleborus Hepar sulphur Iodum 82 • Differential diagnosis: Opium/Nux-m/Cann-I **84 AUDIO** • Zincum (part 1) 84b AUDIO • Zincum (part 2) 86b AUDIO • Ranunculus Bulbosus **89 AUDIO** • Differential Diagnosis: Remedies for skin diseases 92 • Differential diagnosis: Sensitivity to weather conditions 93 • Differential diagnosis: Pulsatilla vs Staphysagria - Suicidal disposition

## **MODULE 5 - MATERIA MEDICA C**

#### 04b AUDIO

Argentum Nitricum (part 1)

#### 04c AUDIO

• Argentum Nitricum (part 2)

#### 05b AUDIO

Aurum (part1)

#### 05c AUDIO

• Aurum (part 2)

## 05d AUDIO

• Aurum (part 3)

#### 12

- Acetic acid
- Allium cepa
- Ambra

#### 13

- Antimonium Crudum
- Berberis
- Borax
- Cantharis
- Cocculus

### 13b AUDIO

• Antimonium Crudum

- Aesculus
- Amyl Nitrosum
- Anthracinum

#### 36

- Lilium Tigrinum
- Muriatic acid

#### 38b AUDIO

• Lobelia Inflata

#### 40b

- Bovista
- Baptisia
- Bromium

#### 41

- Antimonium Tartaricum
- Argentum Metallicum
- Arum Triphyllum

#### 42b

- Ferrum Metallicum
- Mercury Corrosivus

#### 43

- Zincum
- Ammonium Carbonicum
- Cactus

#### 49

- Spigelia
- Camphor
- Cicuta
- Digitalis
- Mezereum

- Sulphuric acid
- Benzoic acid

- Rhododendron
- Asterias Rubens
- Agnus Castus

## 61c

- Sanguinaria
- Valeriana

#### 64

- Sambucus
- Sabadilla

#### 68

#### Small remedies

- Collinsonia
- Equisetum
- Dioscorea
- Myristica

#### 83

• Differential diagnosis: Alumina/Nux Moschata

#### **85 AUDIO**

Sanicula

## 86 AUDIO

• Ranunculus Bulbosus

#### 87 AUDIO

Dolichos

#### 88 AUDIO

Mancinella

## 90 AUDIO

• Differential diagnosis: Thirst - Desire for sweets

## 91 AUDIO

• Differential diagnosis: Fear / Vertigo high places

## 94 AUDIO

Capsicum

## 95 AUDIO

Aethusa

## 96

• Differential Diagnosis on Egotism

## **43 ADDITIONAL REMEDIES**

- Arsenicum Iodatum
- Asafoetida
- Badiaga
- Bellis Perenis
- Calcarea Fluorica
- Calendula
- Carbo Vegetabilis
- Caulophyllum
- Cimicifuga
- Coccus Cacti
- Colchicum
- Crocus
- Crotalus Horridus
- Cyclamen
- Drosera
- Elaps
- Ferrum Phosphoricum
- Gambogia
- Hamamelis
- Iris Versicolor
- Kali Bromatum
- Kali Phosphoricum
- Kali Sulphuricum
- Kreosotum
- Latrodectus Mactans
- Laurocerasus
- Magnesia Phosphorica
- Mercurius Iodatus Flavus
- Mercurius Iodatus Ruber
- Naia
- Natrum Arsenicosum
- Natrum Phosphoricum
- Phosphoric Acid
- Phytolacca
- Podophyllum
- Pyrogenium
- Rumex
- Sarsaparilla
- Symphytum
- Syphilinum
- Tabacum
- Tarentula Cubensis
- Viburnum

## **LEVELS OF HEALTH**

01 The birth of the theory of "Levels of Health" 02 Levels of Health Theory – Part 1 03 Levels of Health Theory – Part 2 04 **Q&A** Session 05 Levels of Health - Clarifications 06 Case 861 - Benign brain tumor/ Barrett syndrome NP 07 Case 844 – Peripheral Naturopathy NP/FU1 08 Case 862 - Depression NP 09 Case 863 - Anxiety/Cardiac problems NP 10 Case 726 - Sleeplessness NP/FU1/FU2 11 Case 864 - Caffe au lait spots NP **12** Case 823 - Cervical syndrome NP/FU1 13

Q&A Session

## **MODULE 6 - REPERTORIZATION - Q&A - TOPICS**

#### **REPERTORIZATION**

- History of Homeopathic Repertories
- Organization of repertories, general layout, repertory structure
- Repertory terminology, keywords, concepts, qualifications of symptoms
- Methods of Repertorization
- How to use Vithoulkas Compass

#### **RESEARCH METHODOLOGY**

- Research in Classical Homeopathy by IACH
- Research for Practitioners: Analytical Presentation of Published Case Reports in Classical Homeopathy
- Research for Practitioners: How to ensure quality Case Reports in Classical Homeopathy

#### **QUESTIONS & ANSWERS**

#### 28

- Potency & age
- What is an inimical remedy
- Choice of potency in skin eruptions
- Use of creams in skin diseases

#### 39

- Hierarchy of symptoms & how to choose them
- Repetition of the remedy, when is it needed?
- Potencies in children & babies
- Prescribing during pregnancy & the risk of wrong prescriptions
- Ascending potencies

#### 43b

- How allopathic medicines influence the homeopathic remedies
- Family dynamics
- Antidoting of remedies
- Incurable diseases
- Silica & foreign bodies
- On anti-depressants
- Homeopathy and the media

- The risk of repeating certain remedies
- Questions on cases

- Interpretation of acutes
- On personality disorders
- Aggravation on serious cases
- Intake of vitamins during treatment
- Amelioration during pregnancy
- Remedies for baby vomiting
- Addicted patients and Homeopathy

#### 64

- High blood pressure medicines & homeopathic treatment
- How to deal with patients who live under serious problems
- Coffee & other antidoting agents
- Practicing laws in different countries & the academy diploma
- How sexual activity affects the marriage

#### 69b

- How Hahnemann discovered the potencies
- What Hahnemann means by 'too strong/large enough dose'?
- How to detect whether the remedy has acted
- Prescribing in acutes
- High potencies in old patients
- Toxicity of low potencies
- Handling acute mental episodes
- High cholesterol levels & homeopathic treatment
- Use of small remedies
- On paragraphs § 155, 161
- Case of Asafetida
- New symptoms during treatment

#### **70 AUDIO**

Various questions and answers

#### **TOPICS**

#### **TOPICS**

• The conditions in order to have healthy children

#### **TOPICS**

On imagination

#### **TOPICS**

• Homeopathy & the mass media

#### **TOPICS**

Right Livelihood Award speech

#### **TOPICS**

 Speech of Prof. Vithoulkas at the 2nd World Congress on Controversies in Neurology (CONy), 2008

## **TOPICS**

• On the doctrine of signatures

## **TOPICS**

The intervention of church

#### **TOPICS**

- On Benveniste's experiment and it's fallacy
- On an ingenious one-million-dollar experiment and how it was cancelled by the skeptics

## **MODULE 7 - CASES A**

## **CASE STUDIES**

277		
•	Grief	NP FU 1/2 FU 3/4 FU 5/6
291		
•	Sudden loss of memory	NP FU 1/2/3
333		
•	Emotional vulnerability	NP FU1 FU2 `
308		
•	Ailments from mortification	NP FU1 FU2
263		
•	Constipation / Ailments from surgery	NP FU1 FU2
290		
•	Neurodermatitis (baby)	NP
324		
٠	Delayed development Ailments from mortification	NP FU1/2
306		

•	Juvenile diabetes	NP Analysis FU1-4
279		
618	Depression / Confusion / Tiredness	NP FU1 FU2 FU3 FU4/5
010		
866	Pubertas praecox	NP FU1 FU2 FU3 FU4 FU5 FU6 FU7 FU8
•	Autism and Asthma	NP FU1 FU2
939		
•	Epileptic Fits	NP FU1
PAPER	& LIVE CASES	
05b		
•	Live: Eye inflammation (acute)	
07		
•	Paper case: Panic attacks Paper case: Shoulder joint arthritis	

• Paper case: Juvenile diabetes

#### **AUDIO CASES**

01

• Zincum case

04

• Down's syndrome / Epilepsy (part 1)

04b

• Down's syndrome / Epilepsy (part 2)

04c

• Down's syndrome / Epilepsy (part 3)

06

• Enuresis nocturna (part 1)

06b

• Enuresis nocturna (part 2)

**12** 

Arthritis

16

Depression

28

Aorta transplantation

## **MODULE 8 - CASES B**

## **CASE STUDIES**

319		
•	Fibromyalgia	NP+FU1
205		
305		
•	Timidity / Depression	NP FU1/2/3
253		
•	Sciatica	NP Analysis FU 1/2/3
309		
•	Ailments from fright / vertigo	NP FU 1
296		
•	Depression	NP FU1 FU2/3 FU4/5
304		
•	Depression	NP FU1
334		
•	Depression	NP FU1
258		
•	High blood pressure	NP Analysis FU1/2 FU3 FU4 FU5/6

#### 281

Chronic cough NP FU1/2 FU3/4 FU5/6

#### **PAPER & LIVE CASES**

#### 21

• Paper case: Concussion and grief

Paper case: Panic attacksPaper case: Memory loss

#### 25b

• Paper case: Aphonia

• Paper case: Right scapula pain

#### **AUDIO CASES**

#### 02

• Anthracinum case

#### 05

• Chron's disease (part 1)

#### 05b

• Chron's disease (part 2)

#### **05c**

• Chron's disease (part 3)

#### 09

Aggressive child (part 1)

#### 09b

• Aggressive child (part 2)

**24**a

• Migraines (part 1)

24b

• Migraines (part 2)

26

Suicidal disposition

18

• Gangrene

**32** 

• Arthritis and allergies

33

• Skin eruptions

34

• Herpes

## **MODULE 9 - CASES C**

## **CASE STUDIES**

294		
•	Grief	NP FU1 FU2 FU3 FU4/5
354		
•	Sciatica	NP FU1/2
355		
•	Inflammation of the sacroiliac junction	NP+FU1
353		
•	Ailments from bad news	NP FU1
357		
•	Asthmatic bronchitis	NP FU1
325		
•	Ailments from grief	NP FU1 FU2/3
264		
•	Ailments from disappointed love	NP FU1 FU2 FU3/4 FU5/6 FU7 FU8

303	
Ulcerative colitis	NP FU1 FU2 FU3
PAPER & LIVE CASES	

• Video: Nephrotic syndrome

#### 32b

Video: Nephrotic syndrome FU1

#### **32c**

Video: Nephrotic syndrome FU2

## 49b

Paper case: Fears

Paper case: Duodenal ulcer

## 65b

Video: Gangrene

#### 003

• Varicella cerebellitis

#### **AUDIO CASES**

07

• AIDS (part 1)

#### 07b

AIDS (part 2)

#### 07c

• AIDS (part 3)

10b		
•	Benign Encephalomy	elitis (part 2)
10c		
•	Benign Encephalomy	elitis (part 3)
14a		
•	Bronchiectasis	(part1)
14b		
•	Bronchiectasis	(part2)
14c		
•	Bronchiectasis	(part3)
<b>15</b> a		
•	Chronic Fatigue	(part1)
15b		
•	Chronic Fatigue	(part2)
<b>25</b> a		
•	Multiple Sclerosis	(part 1)
25b		
•	Multiple Sclerosis	(part 2)
23		
•	Microbiophobia	
39		
•	Aconitum paper case	

• Benign Encephalomyelitis (part 1)

## **STRATEGIES IN PRESCRIBING**

01	
01	
•	Case No.1: A case of shingles
02	
	Case No. 2: A case of a child with cerebral palsy and epileptic fits
03	Case No. 2. A case of a clinic with cerebral paisy and epileptic his
•	Case No. 3: A case of splenomegaly
04	
•	Case No. 4: A case of constipation
05	out of the state of consuputation
•	Case No. 5: A case of sensitivity to electromagnetic fields NP
06	
•	Case No. 5b: A case of sensitivity to electromagnetic fields FU1
07	j
08	Case No. 6: A case of chronic fatigue syndrome NP
Uo	
•	Case No. 6b: A case of chronic fatigue syndrome FU1
09	
	Case No. 7: A case of lumbago and bone pain
10	Case No. 7. A case of fullloago and bolle pain
10	
•	Case No. 8: A case of a woman with difficulties in conceiving
11	
•	Case No. 9: A case of heavy menstruation
12	
12	Case No. 9b: A case of heavy menstruation FU1
13	
•	Case No. 10: A case of panic attacks
14	
	Case No. 11: A case of suicidal disposition
15	Case 110. 11. A case of suicidal disposition
•	Case No. 12: A case of lupus
16	
•	Case No. 13: A case of myalgic encephalomyelitis
17	, 6
10	Case No. 14: A case of scleroderma with iridocyclitis
18	

Case No. 15: A case of developmental disorder NP 19 Case No. 15b: A case of developmental disorder FU1 20 Case No. 16: A case of angioedema 21 Case No. 17: A case of depression and anxiety disorder 22 Case No. 18: A case of personality disorder NP 23 Case No. 18b: A case of personality disorder FU1 STRATEGIES IN PRESCRIBING II 01 Case No.19: A case of pustules 02 Case No. 20: A case of depression and anxiety NP 03 Case No. 20b: A case of depression and anxiety FU1 04 Case No. 21: A case of hyperthyroidism and vitiligo NP 05 Case No. 21b: A case of dysmenorrhea FU1 06 Case No. 21c: A case of dysmenorrhea FU2 07 Case No. 22: A case of fibromyalgia and anxiety 08 Case No. 23: A case of rheumatoid arthritis NP 09 Case No. 23b: A case of rheumatoid arthritis FU1 10 Case No. 23c: A case of rheumatoid arthritis FU2 11 Case No. 24: A case of restlessness and sleeplessness NP

12
<ul> <li>Case No. 24: A case of restlessness and sleeplessness ANALYSIS</li> </ul>
13
<ul> <li>Case No. 24b: A case of restlessness and sleeplessness FU1</li> <li>14</li> </ul>
17
Case No. 25: A case of sciatica
15
Case No. 26: A case of palpitations
16
Case No. 27: A case of miscarriage and depression
17
Case No. 28: A case of anxiety and anticipation
18
• Case No. 29e: A case of grief FU4
• Case No. 29f: A case of grief FU5
20
<ul> <li>Case No. 29g: A case of grief FU6</li> </ul>
21
• Case No. 30: A case of hypertension and hyper-pigmentation
22
• Case No. 31: A case of insomnia
23
• Case No. 32: A case of anxiety neurosis with irritable bowel
24
<ul> <li>Case No. 33: A case of chronic fatigue syndrome NP</li> </ul>
Case No. 33b: A case of chronic fatigue syndrome FU1
26
Case No. 34: A case of cholesteatoma ear
27
• Case No. 35: A case of Lyme disease and panic attacks
28
• Case No. 36: A case of tinnitus and anxiety
29
• Casa No. 37: A casa of psoriatic arthritis
Case No. 37: A case of psoriatic arthritis

## **HISTORY OF HOMEOPATHY**

- Origin and evolution of homeopathy
- Life history of stalwarts of homeopathy and their contributions
- Homeopathy in North America

## ETHICS IN HOMEOPATHIC PRACTCE

- How to set up business, benefits and drawbacks of various type of corporations.
- How to choose a business structure for your practice
- Professional insurance

## **BUSINESS OF PRACTICE**

- How to set up business, benefits and drawbacks of various type of corporations.
- How to choose a business structure for your practice
- Professional insurance